

“Sinus lift and nasal lift: state of the art”

Sinus lift has been a widely used technique, and is well documented in the literature. Surgical lateral surgical approach technique will be discussed, as well as atraumatic crestal approach. One of the latest devices for such an approach (the DIVA) has improved dramatically the clinical results. Both techniques allow to restore with dental implants the posterior maxilla area.

Nasal lift is a less known technique, which we use in cases where we want a bicortical fixation of the implant, as well as those clinical situations where there is an atrophic maxilla and implants need to be placed in the anterior area.